



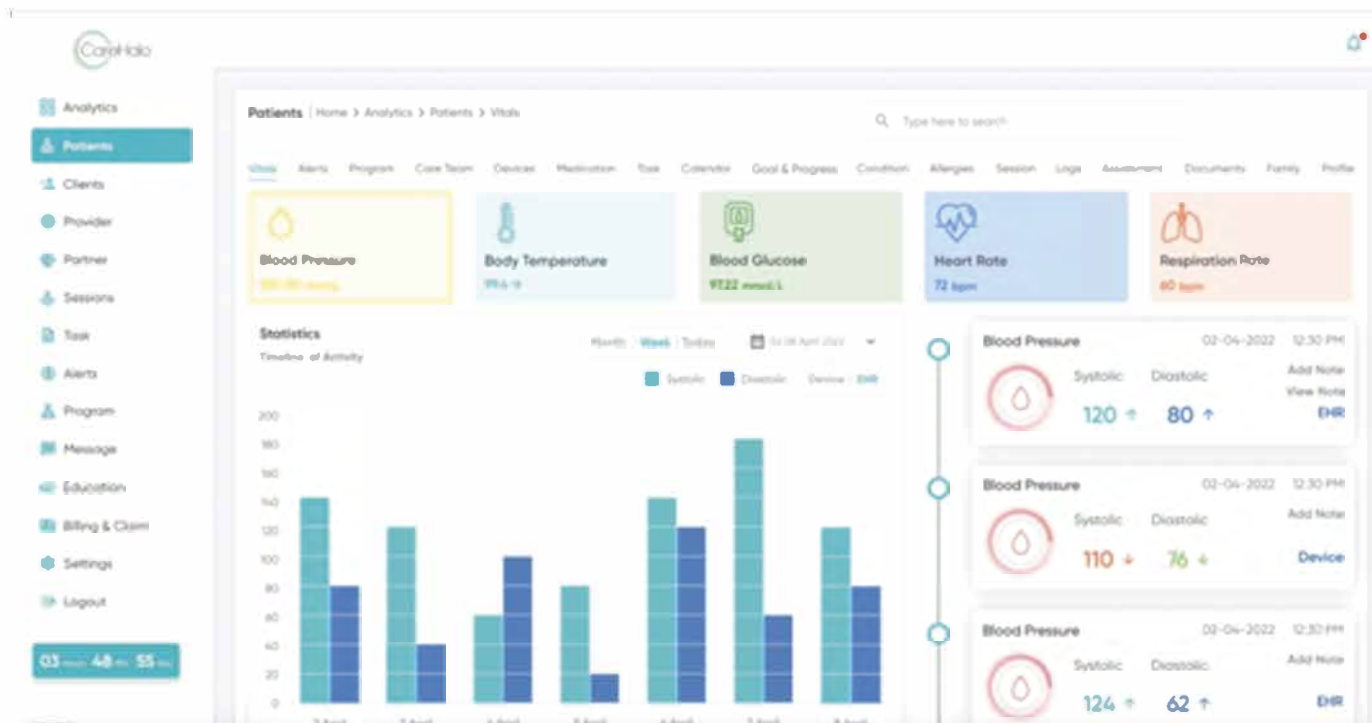
# Advancing Public Health Program Management

A Comparative Analysis of  
**Carehalo** And **Med-it**

# Executive Summary

In the realm of public health management, the ability to efficiently manage data, engage participants, and streamline operations is crucial. CareHalo offers a comprehensive suite of solutions that not only match but exceed the capabilities of Med-IT, a basic database management system. This white paper provides an in-depth analysis of the features and advantages of CareHalo over Med-IT, demonstrating how CareHalo can transform public health program management.

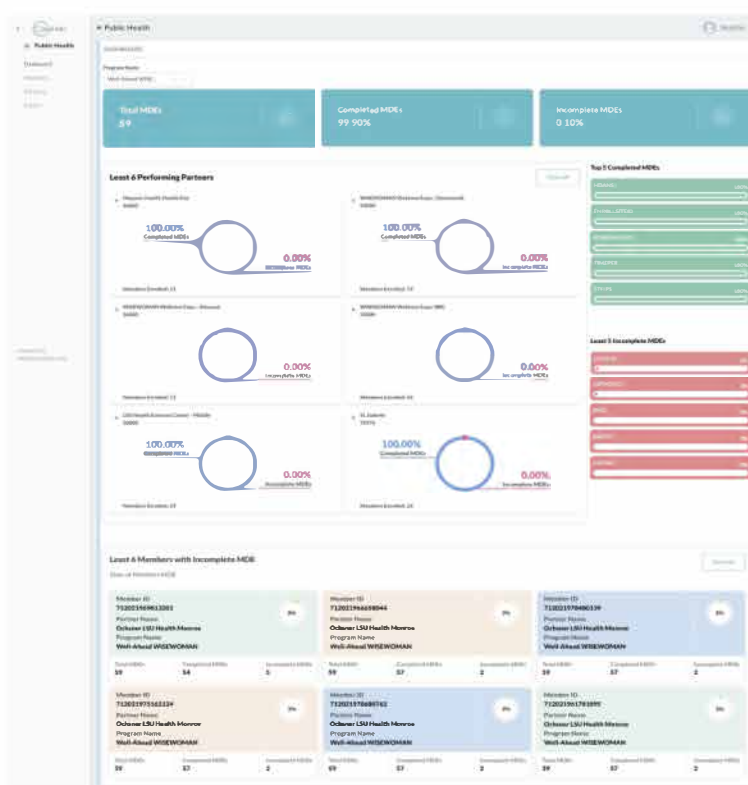
Public health programs require robust systems that facilitate seamless data management, interoperability, and participant engagement. While Med-IT provides foundational data management capabilities, it falls short in offering the advanced features necessary for modern public health initiatives. CareHalo addresses these gaps with a fully integrated platform designed to enhance program efficiency and outcomes.



## SMART MDEs with Real-Time Quality Checks

**CareHalo** : Features real-time data entry validation, alerting users to potential errors that the CDC might flag. This proactive approach reduces the need for data managers to send corrective reports, ensuring data quality and compliance.

**Med-IT** : Lacks real-time validation, increasing the risk of data errors and compliance issues.



## Interoperability

**CareHalo** : Offers seamless integration with Electronic Health Records (EHR) systems, state systems, and third-party partners with open APIs, such as Labcorp and Quest. This integration eliminates redundant data entry and streamlines the claims process, making it easier to recruit new partners.



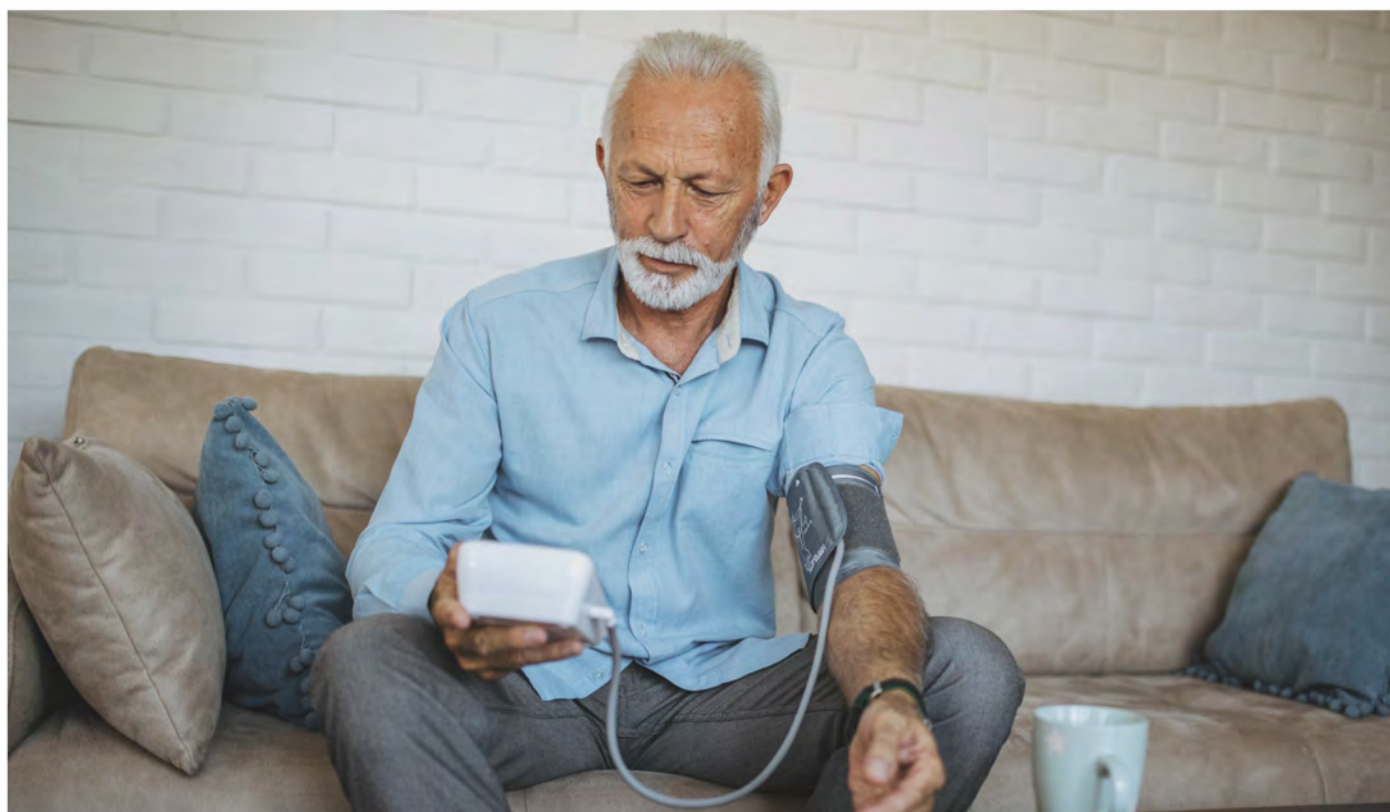
**Med-IT**: Functions primarily as a standalone database with limited interoperability, requiring manual data entry and management.

## Health Behavior Support Services (HBSS)

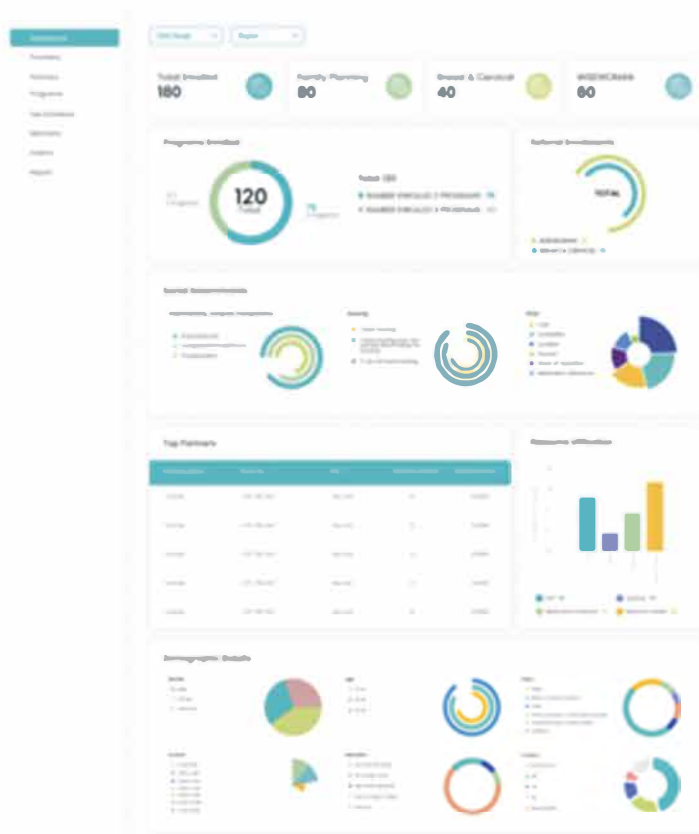
**CareHalo** : Provides a comprehensive suite of health coaching services, including.

- **Health Coaching (HC):** Monthly coaching calls with a remote care team, including registered dietitians and patient navigators, offering scheduling, reminders, and SDoH screenings.
- **Self-Monitoring Blood Pressure (SMBP):** Enables patients to self-monitor blood pressure, with alerts for abnormal readings. Can be added with health coaching for a HCwBPS program.
- **Diabetes Prevention Program (DPP):** Incorporates the CDC's PreventT2 curriculum for lifestyle changes.\*
- **Diabetes Self-Management Education and Support (DSMES):** An ADA-accredited program delivered via the myCareHalo app, including live sessions and personalized coaching.\*
- **Customized Programs:** Allows program managers to tailor services to specific populations.

**Med-IT:** Does not support health coaching or remote monitoring, limiting participant engagement and program effectiveness.



\*Starting April 2025



## Role-Based Dashboards

**CareHalo:** Offers customized dashboards for various stakeholders, ensuring easy access to relevant information and enhancing decision-making. User roles include:

- Bureau Leadership
- Program Manager
- Epidemiologist/Data Manager
- Provider/Partner (Healthcare and Non-Healthcare)
- Community-Based Partner
- Patient
- Customize Roles – Clients can create new roles with customizable access

**Med-IT:** Provides basic data views with few role-specific customizations, limiting user efficiency.

## Program Assessments and Bi-directional Referrals

**CareHalo:** Includes comprehensive participant assessments and facilitates bi-directional referrals, allowing providers to send and receive referral notes and track their status

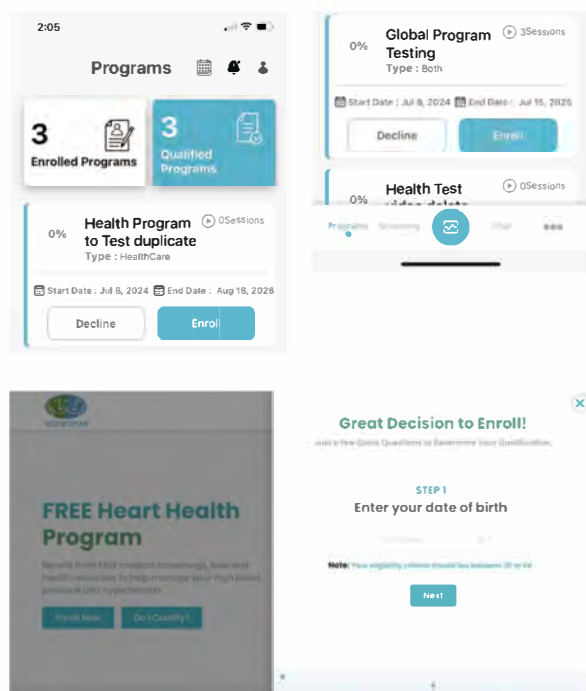
**Med-IT:** Offers basic assessment capabilities without integrated referral management, limiting collaboration with community resources.

### Patient Referrals



## Client Recruitment and Program Enrollment

**CareHalo:** Automates eligibility checks and facilitates enrollment through a public-facing website and myCareHalo app, allowing prospective clients to determine eligibility and schedule visits easily.



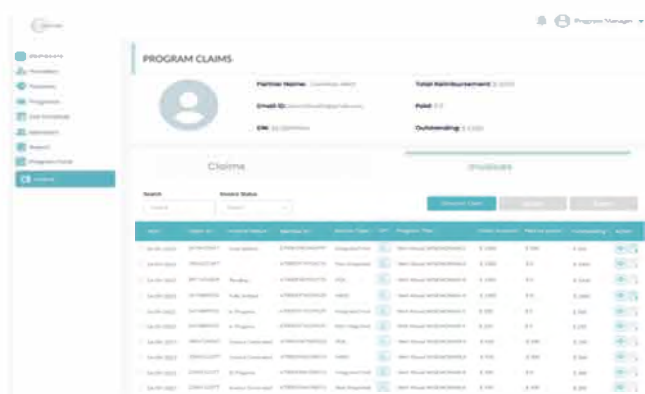
CDC Funded Programs available on the CareHalo platform:

- Family Planning Title X
- WISEWOMAN
- NBCCDEP
- Asthma
- SMBP
- Oral Health
- Diabetes DSMES
- Substance Abuse
- Mental Health Framework (MHF)

**Med-IT:** Relies on manual processes for client recruitment and enrollment, which can be time-consuming and error-prone.

## Team-Based Care and Provider Claims

**CareHalo:** Supports team-based care with features that allow care team members to communicate, share documents, and manage patient care collaboratively. Claims submission is streamlined through EHR integration.



**Med-IT:** Does not support team-based care or streamlined claims processing, increasing administrative burdens

## Screenings & Participant Engagement

**CareHalo:** Enables participants to complete various screenings via the myCareHalo app, such as readiness to change and depression assessments, with alerts for follow-up.

myCareHalo Screenings

- Readiness to Change
- Depression PHQ2 and PHQ9
- Pre-diabetic
- Alcohol Use Disorders Identification Test (AUDIT)
- Asthma Control
- SDoH
- International Breast Intervention Study (IBIS)

CareHalo provides a transformative solution for public health program management, offering advanced features and interoperability that Med-IT lacks. By choosing CareHalo, program managers can enhance operational efficiency, improve participant outcomes, and achieve greater compliance with public health standards.

For government program managers seeking to elevate their public health initiatives, CareHalo is the clear choice. Contact us today to discover how CareHalo can support your program's goals and drive meaningful improvements in public health.

## A Few CareHalo Clients

